

# Tamar House

Sheltered Housing in Gosport



### Welcome to Tamar House

Tamar House is situated in the quiet residential area of Alverstoke. Close to the quaint village centre.

The unspoilt beaches of Stokes bay are a 10 minute walk away with stunning views across the Solent to the Isle of Wight.



The Beach offers a chance to spot Cruise liners departing daily and views of the yachts racing across to Cowes on the Isle of Wight

Tamar House was renovated in 2004. Our house offers a home from home environment. We provide older people with companionship and security to help live life to the full.



### Happiness starts with you

We believe in enjoying later life and will always offer you the opportunity to get involved in activities and entertainment – which is a big part of life in our houses.

We organise regular activities for the residents such as coffee and cake afternoons, games afternoons and a visiting library, as well as various social events within the house.

"I am very happy to be here in a comfortable house with a lovely garden and surroundings."



# Abbeyfield features

Our detached house has seven studio rooms and one flat, plus a communal lounge, dining room, conservatory and garden. Pets are welcome at Tamar House and we also accept couples wishing to live together.

Here at Tamar we have the enviable reputation for providing an excellent standard of food and menu choices. Our housekeeper produces some of the most delicious cakes and her home cooking is second to none.

The gardens are host to our Annual Fete in June and offer a peaceful setting for our residents to enjoy.

### Your retirement

When you live with us you are part of our community and the wider local community too.

 Our professional staff team are supported by a number of committed volunteers. Some just want to spend time with you and pop in for a cup of tea and a chat, whereas others get involved in the day-to-day life of our community.

There are excellent older persons services available locally Age Concern, The Gosport Volunteer Association and The Thorngate halls providing information and entertainment if required.

### Your safety and quality assurance

You can't enjoy peace of mind without trust.

This is why Tamar House is registered and regulated by Homes England.

But our quality control doesn't end there – the opinions of our residents matter too. We have regular resident and family meetings, so we can get feedback on how we can improve our service at Tamar House.

"These aspects of life at Tamar House sets us apart from other providers."

## Your community

Located just outside Gosport, our house has excellent linked to Portsmouth and the beautiful Stokes Bay. We are situated near to well-known supermarkets, a local church and local pubs.

The house is a 10 minute Bus Ride from Gosport Town Centre where you can take the Gosport Ferry across the harbour for visits to The Portsmouth Historic Dockyards, Spinnaker Tower and the shopping experience of Gun wharf Keys.



### The Abbeyfield Promise:

# Time to enjoy life

Making time for you is at the heart of everything we do.

Our promise means that your time is well spent on the things that matter; lasting friendships, understanding your individual needs and making every day fulfilling - so that you feel valued, content, cared for and safe.

### Please do get in touch

Whether you're considering Tamar House for yourself or a family member, whether you've just started exploring options or are ready to take the next step, we are here to talk.

Call us on 07968 899805 Email us at Gosport.Tamar@abbeyfield.com

### Tamar House

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### www.abbeyfieldliving.org.uk

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