



The
**Old School
House**

**Living life to the full with
extra-care supported living**



Abbeyfield
Ferring

Phone: 01903 240313

www.abbeyfieldferring.org.uk

27 Ferring Street

Ferring BN12 5HL



Our focus is on providing supported living, together with extra care and advice when needed.

Supported *living*

Extra care supported living is aimed at older people looking to retain their independence. A move to smaller accommodation relieves you of the daily worries of living alone.

Abbeyfield Ferring has provided extra care supported living for 40 years, giving retired people more security, independence and peace of mind.

Downsizing becomes a practical option as you get older and feel overwhelmed with the upkeep of a home. You might be looking for less gardening or more leisure time, and companionship of like-minded people. Supported living is a good solution for many people.

Friendship *and security*

Our private studio rooms are comfortable, warm, easy to clean and look after. There is a friendly community atmosphere, a large open living and dining room, a sunny, easy-access garden with a well-furnished conservatory.

We have eleven friendly tenants who are all of a similar age. They like to meet, have a chat, enjoy meals together, and join in activities arranged by the manager. Everyone has their own interests, and come and go as they please.

The Old School House is ideally situated in the heart of Ferring next to the village green. Shops are just across the road, and the library is next door.





Look what's *included*

Our self-contained studios have an en suite bathroom and a kitchen area equipped to make breakfast, light snacks and drinks.

Our own cook serves freshly cooked nutritious meals twice a day, seven days a week. We source local produce, and meals are included in your tenancy costs.

A friendly House Manager checks on tenants every day and ensures the smooth running of the Old School House.

There is a 24-hour emergency call system, and trained support staff on duty from 7.30 am to 7.00 pm every day.

Encouraging *wellbeing*

Organised events and activities often take place in the open lounge. These may involve some fun exercise and music sessions, games, quizzes or film nights. Suggestions for new activities are always welcome.

The garden is well-tended, but if you have green fingers and enjoy a spot of pruning, planting or weeding, you are most welcome.

Extra care comes in the way of more personalised support such as shopping, cleaning, errands, laundry, support with medication, and help with bathing and dressing. Even trips to the GP or hospital.



Ferring life

delightful

Ferring is a lovely place to live. Our tenants appreciate the fresh sea air, walks to the beach, and the proximity of the countryside.

The Old School House is close to the centre with a good choice of independent shops and cafes. There is plenty to do with active clubs and groups. Enjoy life at a pace that suits you with as little, or as much support as you need.

The Old School House is run by the Abbeyfield Ferring Society, whose head office is just across the road.

All our staff are trained and DBS checked. Our team are always available for additional support and friendship.



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27 Ferring Street, Ferring,
Worthing BN12 5HL

Call us to find out more

01903 240313

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www.abbeyfieldferring.org.uk

Inspected and rated

Good



CareQuality
Commission

Abbeyfield Ferring Society,
50 Ferring Street,
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West Sussex.

Registered with the Care Quality Commission and a registered provider of social housing H3162.