



Abbeyfield
Making time for older people

Abbeyfield Usk

Live independently: supported housing for people with early onset dementia, anxiety and depression.

Fulfilled. Independent. Supported.

Abbeyfield Usk

Love your independence, but looking for a little extra support? Abbeyfield Usk is for you.

Our warm, friendly home environment is the perfect place to live. It offers you the ideal blend of your own space, and the sociable companionship of living with others.

Moving to Abbeyfield Usk is a new stage of your busy, fulfilled life, where we support you to live life the way you want.

Life at Abbeyfield Usk helps you with cooking, cleaning and maintaining a home and garden. We take care of you, while you spend your days just how you like, living a life that's as active, independent and worry-free as possible.

Your own space

When you live with us, your room belongs to you. It's unfurnished so you're free to style it to your own personal taste.

Make your room your own – bring your furnishings and personal belongings so Abbeyfield Usk feels like home from the very first day.

Are you an early bird, or do you like a lie in? Start your day at your own pace when you live with us: each of our rooms has an ensuite bathroom with shower so you can be up with the lark or take your time over a leisurely breakfast.

The communal kitchen has a worksurface, sink, Oven and hob, kettle, microwave and toaster and space for your own fridge, so you can prepare your meals - and there's enough space to invite a friend to share a cup of tea and a snack, too.

If you fancy a night off cooking, our friendly staff arrange meals freshly cooked from an array of menus every Sunday and Monday using local Monmouthshire produce.



Make yourself at home

New friends

Abbeyfield Usk is a warm, friendly place where you become part of the Abbeyfield family – enjoy as much social interaction as you'd like, and avoid the isolation and loneliness that living alone can bring.

Hearty and happy

Join your fellow residents and our staff around the family-style table in our dining room. We know that both nutrition and companionship are key to good health. If you fancy a night off cooking, our friendly staff arrange meals freshly cooked from an array of menus every Sunday and Monday using local Monmouthshire produce, so you'll enjoy a varied menu of delicious, balanced, freshly prepared home-made lunches and dinners every Sunday and Monday if you wish.

A breath of fresh air

Spend time in our peaceful garden – you can get involved in the tending the plants, or simply enjoy the peaceful patio.

Relax and rejuvenate

Our welcoming lounge is the place for a cosy chat, or to join in with activities. You're welcome to invite guests during our social hours, too, because we love to see new faces at Abbeyfield Usk.

Come and go as you please

Being situated in the centre of the historic Usk town centre, it's easy to get out and about for shopping, socialising, worship or simply a change of scene. We're just half a mile from the peaceful river, and there are mountains and countryside surrounding the town, so you can enjoy the outdoors whenever it takes your fancy.

A nearby bus service means you can easily get about to visit friends and family, or take a day trip to the surrounding area.

Let us take care of you

Abbeyfield Usk was built in the Victorian era and our home boasts an extensive rear garden, large rooms and high ceilings. We have six rooms all with en-suite shower facilities.

Our house manager and the team along with support workers are on hand 24 hours a day 7 days a week throughout the year to ensure our resident's safety. It is our number one priority.



We work with professional contractors to ensure Abbeyfield Usk is always well-maintained, safe and compliant with health and safety legislation. We have a community alarm system, monitored 24 hours a day, and our fire alarm is tested regularly and remotely monitored, too.

Simple monthly fees

Abbeyfield Usk is funded by the Local Authority and has close links with Social Workers, Community Psychiatric Nurses, and Psychiatric Doctors who are also in regular contact to support the staff and residents.

We make life as worry-free as possible, residents pay one convenient, all-inclusive monthly direct debit that covers rent, service charges, food, utilities and maintenance. We also take care of the council tax, TV licence fee and alarm charge.

Payments are reviewed annually, and – since we're a not-for-profit housing association – we keep our fees fair and affordable. If we make a surplus, it's reinvested into the organisation to improve the services we bring you.

Extra support?

Autonomy and privacy are important for your independence, so we let you take care of your own laundry and keep your room clean and tidy. You'll also look after your personal care and any medications. But if you'd like support in any of these areas, we can help you make arrangements for third party providers to help out.

Book a visit

If you're considering living at Abbeyfield Usk, come and meet us.

Whether it's for yourself or a friend or relative, moving home can be a big decision, so it's important to get it right. Pop in for an informal chat with our House Manager, or stay for a cup of tea to meet our residents.

We even offer short stays of up to 21 days as a trial period, or for respite, before you make the decision to become a permanent resident.

Call us to find out more on
01291 675532

