

Guide to Abbeyfield Houses in Scotland

April 2010



Who are we?

Abbeyfield is a not-for-profit organisation dedicated to making the lives of older people easier and more fulfilling. Abbeyfield helps people to live independently by providing a range of services, all of which are linked to the local community.

Abbeyfield currently owns and manages around 200 houses and around 20 care homes, with a further 250 affiliated Abbeyfield Society Houses and 60 care homes across the UK.

What we offer:

Sheltered housing

- We offer rented accommodation in supported sheltered houses across the UK
- At the centre of every Abbeyfield house is a professional house manager who's employed to ensure that the house is comfortable, clean and safe
- The majority of houses offer two nutritious home-cooked meals every day
- Many have en-suite facilities and communal lounges and dining room and attractive gardens
- 24 hour emergency assistance
- A warm and homely atmosphere created by the Staff and Volunteers who are linked to each house

Care Homes

- 24 hour care services tailored to individual requirements
- Some homes offer nursing care or provide special facilities for the care of older people with dementia
- Well trained and qualified staff
- A professional manager
- All rooms have emergency call alarms
- Many have en-suite facilities/ communal lounge/dining room and attractive gardens
- Many homes have visiting hairdressers/chiroprody services and GP surgeries
- We also have 80 care homes that provide 24-hour care for residents too frail to live in supported sheltered housing. Under the supervision of a professional manager our staff provide a quality of care that exceeds the standards set out in the government document 'Care Homes for Older People'. Some of our societies are currently developing services and facilities for caring for residents with dementia

Each of our societies is guided by the beliefs that:

- Older people have an important role to play among their families, friends and their communities
- Overcoming loneliness and insecurity can make all the difference to an older person's quality of life
- People have an essential part to play in helping older people within their community

Our teams of volunteers and professional staff offer practical support and companionship to residents within the comfort of their own community. Residents enjoy an assisted independent lifestyle free from the hassles of running a household and the concerns of dealing with loneliness.

Argyll & Bute

TIGNABRUAICH

Abbeyfield House, Kames, Tighnabruaich,
Argyll PA21 2BH



9 flats. Sizes studio. Includes mobility standard & wheelchair properties. Built in 1991.

Facilities..... Lounge, dining room, laundry, garden, conservatory

Services..... Non-resident management staff and community alarm service

Accessibility.... Access to site easy. Distances: bus stop 50 yards; shop 300 yards; post office 50 yards; town centre 0.75 mile(s); GP 0.75 mile(s).

Lifestyle..... Weekly social activities include games, dominoes, cards, etc., musical evenings, organised by events co-ordinator. Some meals available (two meals, every day).

Manager..... Abbeyfield Scotland Ltd, 15 West Maitland Street, Edinburgh EH12 5EA Tel: 0131 225 7801

Manager's notes: All accommodation at ground floor with their own dedicated entrance. There are no rules as such, only those of common courtesy and consideration for other residents. Near to shops and Post Office with bank.

HELENSBURGH

Barclay-Smith House, 54 West King Street,
Helensburgh, Dunbartonshire G84 8ED



11 flats. Sizes studio. Built in 1965. Renovated in 1991.

Facilities..... Lift, lounge, dining room, laundry, garden

Services..... Non-resident management staff (7 days) and community alarm service

Accessibility.... Access to site easy. Distances: bus stop 50 yards; shop 200 yards; post office 300 yards; town centre 600 yards; GP 1 mile(s); social centre 300 yards.

Lifestyle..... Some meals available (two meals every day).

Manager..... Abbeyfield Helensburgh Society, Barclay-Smith House, 54 West King Street, Helensburgh, Argyll & Bute G84 8ED Tel: 01436 674 998

Manager's notes: Residents have their own furniture and possessions in their rooms and their own tv sets if desired. Two main meals provided daily.

Clackmannanshire

DOLLAR

Wardlow House, 11-13 Station Road,
Dollar, Clackmannanshire FK14 7EJ

6 flats. Sizes studio. Built in 1971.

Facilities..... Lift, lounge, dining room, laundry, garden

Services..... Non-resident management staff and community alarm service

Accessibility....

Lifestyle..... Some meals available (Two meals, 7 days.).

Manager..... Abbeyfield Scotland Ltd, 15 West Maitland Street, Edinburgh EH12 5EA Tel: 0131 225 7801

Dumfries & Galloway

CASTLE DOUGLAS

Bothwell, 72 St Andrews Street, Castle
Douglas, Dumfries & Galloway DG7 1EN



10 flats. Sizes studio, 1bed. Includes mobility standard properties. Built in 1982.

Facilities..... Lounge, dining room, laundry, garden

Services..... Non-resident management staff (7 days) and community alarm service

Accessibility.... Access to site easy, but less so for less mobile people. Distances: bus stop 100 yards; shop 400 yards; post office 600 yards; town centre 400 yards; GP 500 yards; social centre 600 yards.

Lifestyle..... Regular social activities include outings, shopping trips, in-house and local entertainment. Some meals available (Two meals, 7 days.).

Manager..... Abbeyfield Stewartry Society Ltd, Admin Unit, 94 St Mary Street, Kirkcudbright DG6 4EJ Tel: 01557 331 501

DUMFRIES

Dock Park House, Nithbank, Dumfries,
Dumfriesshire DG1 2RZ



13 flats. Sizes studio. Includes mobility standard & wheelchair properties. Renovated in 1998.

Facilities..... Lift, lounge, dining room, laundry, garden

Services..... Non-resident management staff and community alarm service

Accessibility.... Access to site easy, but less so for less mobile people. Distances: bus stop 50 yards; shop 100 yards; post office 150 yards; town centre 1 mile(s); GP 1 mile(s); social centre 1 mile(s).

Lifestyle..... Monthly social activities include outings, organised by house committee. Some meals available (two meals every day).

Manager..... Abbeyfield Scotland Ltd, 15 West Maitland Street, Edinburgh EH12 5EA Tel: 0131 225 7801

Manager's notes: Located close to the town's Dock Park, with extremely attractive outlook. Reasonably close to the town's general hospital. Each room with en-suite shower with wash hand basin and wc.

Dumfries & Galloway

DUMFRIES

Fairfield, 28 Georgetown Road, Dumfries,
Dumfriesshire DG1 4BL

Extra care scheme

14 flats. Sizes studio. Includes mobility standard & wheelchair properties. Built in 1970. Renovated in 1998.

Facilities..... Lift, lounge, dining room, laundry, garden

Services..... Non-resident management staff and community alarm service

Accessibility.... Access to site easy, but less so for less mobile people. Distances: bus stop 100 yards; shop 800 yards; post office 400 yards; town centre 1 mile(s); GP 1 mile(s); social centre 1 mile(s).

Lifestyle..... Weekly social activities include social gatherings, card games, exercise groups, outings, organised by house committee, manager. Some meals available (two meals every day).

Manager..... Abbeyfield Scotland Ltd, 15 West Maitland Street, Edinburgh EH12 5EA Tel: 0131 225 7801

Manager's notes: Large house within spacious grounds, good views. The standard of care exceeds most of Abbeyfield Houses and there are 2 care assistant on duty 24 hrs and a House Manager. 11 residential care rooms and 3 very supportive rooms. Fairfield regularly takes nominations from other Abbeyfield Houses. Residential care residents pay £1,798 per month.



THORNHILL

Gallamair, Factory Lane, Thornhill,
Dumfriesshire DG3 5LN

10 flats. Sizes studio. Includes mobility standard & wheelchair properties.

Facilities..... Lounge, dining room, laundry

Services..... Non-resident management staff and community alarm service

Accessibility.... Access to site fairly easy. Distances: bus stop 200 yards; shop 500 yards; post office 400 yards; town centre 600 yards; social centre 200 yards.

Lifestyle..... Weekly social activities include weekly coffee mornings, visit by minibus to places of interest or the pantomime, organised by house committee. Some meals available (two meals every day).

Manager..... Abbeyfield Scotland Ltd, 15 West Maitland Street, Edinburgh EH12 5EA Tel: 0131 225 7801

Manager's notes: Large garden with a spectacular view, modern purpose-built house without steps or gravel. Small patio at back and garden furniture both at back and front. Bathroom and showers have many aids to assist residents, and the two small residents kitchens are well equipped



Dumfries & Galloway

LOCKERBIE

Parklea, Victoria Gardens, Lockerbie,
Dumfries DG11 2BJ

10 flats. Sizes studio. Built in 1991.

Facilities..... Lounge, dining room, laundry, garden

Services..... Non-resident management staff and community alarm service

Accessibility.... Distances: bus stop 150 yards; shop 150 yards; post office 800 yards; town centre 150 yards; GP 50 yards.

Lifestyle..... Some meals available (Two meals. 7 days.).

Manager..... Abbeyfield Scotland Ltd, 15 West Maitland Street, Edinburgh EH12 5EA Tel: 0131 225 7801



STEWARTRY OF KIRKCUDBRIGHT

Strathdee, 94 St Mary Street,
Kirkcudbright, Dumfries & Galloway DG6 4EJ

7 flats. Sizes studio, 1bed. Includes mobility standard properties. Built in 1966.

Facilities..... Lounge, dining room, laundry, garden

Services..... Non-resident management staff and community alarm service

Accessibility.... Access to site easy, but less so for less mobile people. Distances: bus stop 15 yards; shop 400 yards; post office 800 yards; town centre 800 yards; GP 0.75 mile(s); social centre 0.75 mile(s).

Lifestyle..... Regular social activities include coffee and chat, organised by The House. Some meals available (Two meals. 7 days.).

Manager..... Abbeyfield Stewartry Society Ltd, Admin Unit, 94 St Mary Street, Kirkcudbright DG6 4EJ Tel: 01557 331 501



East Ayrshire

KILMARNOCK

Abbeyfield House, Cuthbert Place,
Kilmarnock, East Ayrshire KA3 1DT

8 flats. Sizes studio. Built in 1992.

Facilities..... Lounge, dining room, laundry, guest facilities, garden

Services..... Resident management staff (24 hours)

Accessibility....

Lifestyle..... Some meals available (Two meals. 7 days.).

Manager..... Abbeyfield Kilmarnock Society Ltd, Cuthbert Place, Kilmarnock, Scotland KA3 1DT Tel: 01563 525 111

Manager's notes: At Abbeyfield House, Kilmarnock we provide a very high standard of accommodation. All our rooms are on the ground floor, and a large, airy lounge overlooks the garden and patio. The house has eight bright, unfurnished single bed-sitting rooms, each with private bathroom.



East Dunbartonshire

East Lothian

BEARSDEN

Abbeyfield House, 16 Grange Road,
Bearsden, Glasgow G61 3PL



10 flats. Sizes studio. Includes mobility standard properties. Renovated in 1999.

Facilities..... Lounge, dining room, garden, conservatory

Services..... Resident management staff, non-resident management staff and community alarm service

Accessibility.... Access to site easy, but less so for less mobile people.
Distances: bus stop 500 yards; shop 500 yards; post office 500 yards; town centre 5 mile(s); GP 600 yards.

Lifestyle..... Some meals available (two meals, every day).

Manager..... Abbeyfield Bearsden Society Ltd, 16 Grange Road,
Bearsden, Glasgow G61 3PL Tel: 0141 942 2166

Manager's notes: Improvement proceeding during 1999, providing all rooms with full en-suite, good storage facilities and additional ground floor accommodation

LENZIE

Ferndean, 3 Garngaber Avenue, Lenzie,
Kirkintilloch, Glasgow G66 4LJ



10 flats. Sizes studio. Includes mobility standard properties. Built in 1900. Renovated in 1989.

Facilities..... Lounge, dining room, laundry, garden

Services..... Non-resident management staff and community alarm service

Accessibility.... Access to site easy, but less so for less mobile people.
Distances: bus stop 20 yards; shop 50 yards; post office 50 yards; town centre 2 mile(s); GP 0.5 mile(s).

Lifestyle..... Monthly social activities include outings, shows, organised by house committee. Some meals available (two meals, every day).

Manager..... Abbeyfield Scotland Ltd, 15 West Maitland Street,
Edinburgh EH12 5EA Tel: 0131 225 7801

Manager's notes: Abbeyfield Lenzie is a large stone villa set in the original village at the heart of the community. We have accommodation for nine residents each room having en suite facilities. There is also a guestroom and housekeeper's room, again with en suite facilities. Recently a large conservatory has been added to the house, which has greatly enhanced the comfort and accommodation for residents. The house itself has sunny aspects and is south facing but also has magnificent rear views of the Campsie Hills. The local shops - post office, chemist, newsagent, hairdresser, bank, doctor and dentist's surgeries and library are all very convenient, as is all local transport - rail and bus.

EAST LINTON

Abbeyfield House, 4 School Road, East
Lothian, East Lothian EH40 3AJ

7 flats. Sizes studio. Includes mobility standard & wheelchair properties. Built in 1978. Renovated in 2000.

Facilities..... Dining room, laundry, guest facilities, garden, conservatory

Services..... Resident management staff, non-resident management staff (7 days)

Accessibility.... Access to site easy, but less so for less mobile people.
Distances: bus stop 80 yards; shop 20 yards; post office 50 yards; town centre 100 yards; GP 400 yards.

Lifestyle..... Monthly social activities include coffee mornings, outings, organised by house committee. Some meals available (two meals every day).

Manager..... Abbeyfield East Linton Society Ltd, 4 School Road, East
Linton, East Lothian EH40 3AJ Tel: 01620 860 675

Manager's notes: Abbeyfield ethos, very good housekeeper

DUNBAR

Kirklands, Station Road, Dunbar, East
Lothian EH42 1JX



7 flats. Sizes studio. Includes mobility standard & wheelchair properties. Built in 1968. Renovated in 1968.

Facilities..... Lift, lounge, dining room, laundry, garden

Services..... Non-resident management staff and community alarm service

Accessibility.... Access to site easy, but less so for less mobile people.
Distances: bus stop 20 yards; shop 150 yards; post office 150 yards; town centre 150 yards; GP 100 yards; social centre 600 yards.

Lifestyle..... Regular social activities include film club. Some meals available (two meals, every day).

Manager..... Abbeyfield Scotland Ltd, 15 West Maitland Street,
Edinburgh EH12 5EA (Contact: the Housekeeper, on 01368 863 356)

HADDINGTON

Paterson Court, Paterson Place,
Haddington, East Lothian EH41 3DU

9 flats. Sizes studio. Includes mobility standard & wheelchair properties. Built in 1986.

Facilities..... Lift, lounge, dining room, laundry, garden

Services..... Non-resident management staff and community alarm service

Accessibility.... Access to site easy. Distances: bus stop 300 yards; shop 300 yards; post office 300 yards; town centre 300 yards; GP 600 yards; social centre 600 yards.

Lifestyle..... Monthly social activities include lunch outings, sherry parties, organised by friend group. Some meals available (two meals every day).

Manager..... Abbeyfield Scotland Ltd, 15 West Maitland Street,
Edinburgh EH12 5EA Tel: 0131 225 7801

Manager's notes: Happy atmosphere. Note that only limited nursing care can be provided.

East Lothian

NORTH BERWICK WEST

Woodville, 17 Cromwell Road, North Berwick, East Lothian EH39 4LZ



6 flats. Sizes studio. Built in 1900. Renovated in 1980.

Facilities..... Lift, lounge, dining room, laundry, garden

Services..... Non-resident management staff and community alarm service

Accessibility.... Access to site fairly easy. Distances: bus stop 300 yards; shop 1.3 mile(s); post office 1 mile(s); town centre 1.5 mile(s); GP 1.5 mile(s).

Lifestyle..... Monthly social activities include social/shopping outings, organised by committee members. Some meals available (two meals every day).

Manager..... Abbeyfield Scotland Ltd, 15 West Maitland Street, Edinburgh EH12 5EA Tel: 0131 225 7801

Manager's notes: Friendly atmosphere, caring housekeeper, access to coast-line

East Renfrewshire

GIFFNOCK

Abbeyfield House, 2 Orchard Park Avenue, Giffnock, Glasgow G46 7BD

8 flats. Sizes studio. Built in 1975.

Facilities..... Lounge, dining room, laundry, garden, conservatory

Services..... Non-resident management staff and community alarm service

Accessibility....

Lifestyle..... Some meals available (Two meals. 7 days.).

Manager..... Abbeyfield Scotland Ltd, 15 West Maitland Street, Edinburgh EH12 5EA Tel: 0131 225 7801

NEWTON MEARNS

Abbeyfield House, 8 Kirkview Crescent, Newton Mearns, Glasgow G77 5DD

8 flats. Sizes studio. Built in 1983.

Facilities..... Lounge, dining room, laundry, garden, conservatory

Services..... Non-resident management staff and community alarm service

Accessibility....

Lifestyle..... Some meals available (Two meals. 7 days.).

Manager..... Abbeyfield Scotland Ltd, 15 West Maitland Street, Edinburgh EH12 5EA (Contact: Brenda Dunn, Housekeeper, on 0141 639 1185)

Falkirk

LADYSMILL

Abbeyfield House, Thornville, Ladysmill, Falkirk, Stirlingshire FK2 9AU



9 flats. Sizes studio. Includes mobility standard properties. Built in 1880. Renovated in 1996.

Facilities..... Lift, lounge, dining room, laundry, garden, conservatory

Services..... Non-resident management staff and community alarm service

Accessibility.... Access to site easy. Distances: bus stop 20 yards; shop 100 yards; post office 200 yards; town centre 1 mile(s); GP 1 mile(s); social centre 1 mile(s).

Lifestyle..... Monthly social activities include trips, visits. Some meals available (two meals, every day).

Manager..... Abbeyfield Scotland Ltd, 15 West Maitland Street, Edinburgh EH12 5EA Tel: 0131 225 7801

Fife

DUNFERMLINE

Allister House, 16 Park Avenue, Dunfermline, Fife KY12 7HX



7 flats. Sizes studio. Renovated in 1988.

Facilities..... Lounge, dining room, laundry, garden

Services..... Resident management staff (24 hours) and community alarm service

Accessibility.... Access to site easy, but less so for less mobile people. Distances: bus stop 500 yards; shop 0.5 mile(s); post office 1 mile(s); town centre 1 mile(s); GP 1 mile(s); social centre 1 mile(s).

Lifestyle..... Regular social activities include fortnightly social events. Some meals available (all meals provided).

Manager..... Abbeyfield Dunfermline Society Ltd, Room 7, Seath House, 5 Transy Place, Dunfermline, Fife KY12 7QN Tel: 01383 432 893

DUNFERMLINE

Seath House, 5 Transy Place, Dunfermline, Fife KY12 7QN



5 flats. Sizes studio. Renovated in 1968.

Facilities..... Lounge, dining room, laundry, garden

Services..... Resident management staff (24 hours) and community alarm service

Accessibility.... Access to site easy, but less so for less mobile people. Distances: bus stop 500 yards; shop 500 yards; post office 500 yards; town centre 1 mile(s); GP 1 mile(s); social centre 1 mile(s).

Lifestyle..... Regular social activities include weekly social events. Some meals available (all meals provided).

Manager..... Abbeyfield Dunfermline Society Ltd, Room 7, Seath House, 5 Transy Place, Dunfermline, Fife KY12 7QN Tel: 01383 432 893

Glasgow

JORDANHILL

Abbeyfield House, 1-2 Victoria Park Drive
North, Jordanhill, Glasgow G14 9NQ



10 flats. Sizes studio. Includes mobility standard properties. Renovated in 1993.

Facilities..... Lounge, dining room, laundry, garden

Services..... Resident management staff (7 days)

Accessibility... Access to site easy, but less so for less mobile people.
Distances: bus stop 25 yards; shop 0.5 mile(s); post office 2 mile(s); town centre 3 mile(s); GP 1 mile(s).

Lifestyle..... Regular social activities include coffee mornings, social evenings, musical entertainment, organised by house committee and residents. Some meals available (all meals, lunch and tea 7 days a week).

Manager..... Abbeyfield Glasgow Society, 1 Victoria Park Drive North, Glasgow, Scotland G14 9NQ Tel: 0141 954 6219

Highland

BLACK ISLE

Abbeyfield House, Hawkhill Road,
Rosemarkie, Fortrose, Ross-Shire IV10 8UJ



7 flats. Sizes studio. Includes mobility standard & wheelchair properties. Built in 1972.

Facilities..... Lift, lounge, dining room, laundry, guest facilities, garden, conservatory

Services..... Non-resident management staff and community alarm service

Accessibility... Access to site fairly easy. Distances: bus stop 300 yards; shop 300 yards; post office 500 yards; town centre 16 mile(s); GP 2 mile(s); social centre 16 mile(s).

Lifestyle..... Some meals available (two meals every day).

Manager..... Abbeyfield Scotland Ltd, 15 West Maitland Street, Edinburgh EH12 5EA Tel: 0131 225 7801

Manager's notes: Ideal location overlooking Moray Firth. See details and pictures on Abbeyfield Scotland website www.scotland.abbeyfield.com

INVERNESS

Abbeyfield House, 34 Crown Drive,
Inverness, Inverness-Shire IV2 3QG



8 flats. Sizes studio.

Facilities..... Lift, lounge, dining room, laundry, garden

Services..... Non-resident management staff and community alarm service

Accessibility... Access to site easy, but less so for less mobile people.
Distances: bus stop 20 yards.

Lifestyle..... Monthly social activities include car runs, afternoon teas, lunches, theatre, entertainment, organised by house committee, residents. Some meals available (two meals, every day).

Manager..... Abbeyfield Scotland Ltd, 15 West Maitland Street, Edinburgh EH12 5EA Tel: 0131 225 7801

Manager's notes: A very pleasant stone built house, secluded garden with lovely views. The house is on a very regular bus route to town, but is within 5-10 minutes walks to the town centre

Highland

KINGUSSIE

Abbeyfield House, 1 Spey Street,
Kingussie, Inverness-Shire PH21 1EH

8 flats. Sizes studio. Includes mobility standard & wheelchair properties. Built in 1973.

Facilities..... Lounge, dining room, laundry, guest facilities, garden

Services..... Non-resident management staff

Accessibility... Access to site not so easy. Distances: bus stop 200 yards; shop 190 yards; post office 350 yards; town centre 300 yards; GP 0.5 mile(s); social centre 600 yards.

Lifestyle..... Some meals available (two meals, every day).

Manager..... Abbeyfield Strathspey (Kingussie), 1 Spey Street, Kingussie PH21 1PA Tel: 01540 661 216

NAIRN

Davidson Villa, 59 Seabank Road, Nairn,
Nairnshire IV12 4HA

8 flats. Sizes studio. Includes mobility standard properties. Renovated in 1994.

Facilities..... Lift, lounge, dining room, laundry, garden, conservatory

Services..... Non-resident management staff and community alarm service

Accessibility... Access to site fairly easy. Distances: bus stop 1 mile(s); shop 1 mile(s); post office 1 mile(s); town centre 1 mile(s); GP 1 mile(s); social centre 1 mile(s).

Lifestyle..... Some meals available (two meals every day).

Manager..... Abbeyfield Scotland Ltd, 15 West Maitland Street, Edinburgh EH12 5EA Tel: 0131 225 7801

Inverclyde

GREENOCK

Abbeyfield House, 9 Ardgowan Square,
Greenock, Renfrewshire PA16 8ET



6 flats. Sizes studio. Includes mobility standard properties. Built in 1873. Renovated in 2000.

Facilities..... Lift, lounge, dining room, laundry, garden

Services..... Non-resident management staff and community alarm service

Accessibility... Access to site easy. Distances: bus stop 0.25 mile(s); shop 0.25 mile(s); post office 0.5 mile(s); town centre 1 mile(s); GP 1 mile(s).

Lifestyle..... Some meals available (two meals, every day).

Manager..... Abbeyfield Scotland Ltd, 15 West Maitland Street, Edinburgh EH12 5EA Tel: 0131 225 7801

Manager's notes: Listed building overlooking a beautifully landscaped bowling green & tennis courts. Private secluded gardens with lovely patio area.

Inverclyde

GREENOCK

Abbeyfield House, 7 Esplanade, Greenock,
Renfrewshire PA16 7XJ



7 flats. Sizes studio. Includes mobility standard properties. Built in 1981.

Facilities..... Lift, lounge, dining room, laundry, garden

Services..... Non-resident management staff and community alarm service

Accessibility.... Access to site easy. Distances: bus stop 0.25 mile(s); shop 0.25 mile(s); post office 0.25 mile(s); town centre 1 mile(s); GP 2 mile(s).

Lifestyle..... Some meals available (two meals, every day).

Manager..... Abbeyfield Scotland Ltd, 15 West Maitland Street, Edinburgh EH12 5EA Tel: 0131 225 7801

Manager's notes: Wonderful views over the River Clyde to the Argyll Hills. Cruise liners, including the QE2, are a regular feature in the summer months and berth a quarter of a mile from the house.

Midlothian

ESKBANK

The Knoll, 43 Eskbank Road, Dalkeith,
Midlothian EH22 3BH



6 flats. Sizes studio. Includes mobility standard & wheelchair properties. Built in 1890. Renovated in 1997.

Facilities..... Lift, lounge, dining room, laundry, garden, conservatory

Services..... Non-resident management staff and community alarm service

Accessibility.... Access to site fairly easy. Distances: bus stop 30 yards; shop 300 yards; post office 300 yards; town centre 440 yards; GP 0.5 mile(s); social centre 0.5 mile(s).

Lifestyle..... Regular social activities include theatre, restaurants, cinema, history club. Some meals available (two meals every day).

Manager..... Abbeyfield Scotland Ltd, 15 West Maitland Street, Edinburgh EH12 5EA (Contact: Jessie Anderson, Manager/Housekeeper, on 0131 663 1419)

Manager's notes: Excellent location. Very homely and welcoming ambience. Recently upgraded with en-suite facilities to all bedsitting rooms. Excellent staff. Friendly community with support but also choice to resident of privacy/ community. Gives a real choice for local people to move into "support" & yet remain in the community they have known.

Moray

FOCHABERS

Speyview, Spey Street, Fochabers,
Morayshire IV32 7EH



6 flats. Sizes studio. Built in 1970.

Facilities..... Lounge, dining room, laundry, guest facilities, garden

Services..... Resident management staff

Accessibility.... Access to site fairly easy. Distances: bus stop 400 yards; shop 600 yards; post office 600 yards; town centre 10 mile(s); social centre 10 mile(s).

Lifestyle..... Some meals available (two meals, every day).

Manager..... Abbeyfield Fochabers Society Ltd, Speyview, Spey Street, Fochabers IV32 7EH Tel: 01343 820 305

North Lanarkshire

AIRDRIE TERMINUS

Abbeyfield House, 1 Colston Road,
Airdrie, North Lanarkshire ML6 7AA



10 flats. Sizes studio. Includes mobility standard & wheelchair properties. Built in 1987.

Facilities..... Lounge, dining room, laundry, guest facilities, garden, conservatory

Services..... Non-resident management staff and community alarm service

Accessibility.... Access to site easy. Distances: bus stop 200 yards; shop 550 yards; post office 0.5 mile(s); town centre 1 mile(s); GP 1 mile(s).

Lifestyle..... Monthly social activities include games, activities, organised by house committee. Some meals available (two meals, every day).

Manager..... Abbeyfield Scotland Ltd, 15 West Maitland Street, Edinburgh EH12 5EA Tel: 0131 225 7801

COATBRIDGE

Abbeyfield House, 180 Buchanan Street,
Coatbridge, Lanarkshire ML5 1DL

10 flats. Sizes studio.

Facilities..... Lounge, dining room, laundry, garden

Services..... Non-resident management staff and community alarm service

Accessibility....

Lifestyle..... Some meals available (two meals every day).

Manager..... Abbeyfield Scotland Ltd, 15 West Maitland Street, Edinburgh EH12 5EA Tel: 0131 225 7801

Manager's notes: Abbeyfield House, Coatbridge opened in July 1994, and was purpose built for the Society. It is set in a quiet residential area, with bus stops located nearby.

Abbeyfield House provides accommodation for 10 residents who enjoy their own en-suite bed sitting room. There is also a dining room where residents come together for the two main meals of the day and a large lounge with TV and video. The grounds are landscaped and there is private parking for residents' cars if required.

MOTHERWELL

Archerfield, 17 Douglas Street,
Motherwell, Lanarkshire ML1 3JR



10 flats. Sizes studio. Includes mobility standard & wheelchair properties. Built in 1966. Renovated in 1996.

Facilities..... Lift, lounge, dining room, laundry, garden, conservatory

Services..... Non-resident management staff and community alarm service

Accessibility.... Access to site easy. Distances: bus stop 100 yards; shop 200 yards; post office 800 yards; town centre 250 yards; GP 100 yards; social centre 500 yards.

Lifestyle..... Regular social activities include monthly entertainment, outings. Some meals available (two meals every day).

Manager..... Abbeyfield Scotland Ltd, 15 West Maitland Street, Edinburgh EH12 5EA Tel: 0131 225 7801

Manager's notes: For frail elderly mentally and physically capable of looking after themselves but want companionship, security

Perth & Kinross

HIGHLAND PERTSHIRE

Abbeyfield Breadalbane Society, Eskdale,
Taybridge Road, Aberfeldy, Perthshire
PH15 2BH



8 flats. Sizes studio, 1bed. Includes mobility standard properties. Built in 1880. Renovated in 1976.

Facilities..... Lounge, dining room, laundry, guest facilities, garden, conservatory

Services..... Non-resident management staff (7 days) and community alarm service

Accessibility.... Access to site easy. Distances: bus stop 300 yards; shop 100 yards; post office 300 yards; town centre 300 yards; GP 300 yards; social centre 50 yards.

Lifestyle..... Regular social activities include Coffee mornings, outings, and sporadic special occasions, e.g. Burns Night, Hogmanay, organised by volunteers/staff and Friends of Abbeyfield group. Some meals available (two meals, every day).

Manager..... Abbeyfield Breadalbane Society Ltd, Eskdale, Taybridge Road, Aberfeldy, Perthshire & Kinross PH15 2BH Tel: 01887 820 416

Manager's notes: Eskdale is on Taybridge Road very close to the centre of Aberfeldy and within a few hundred yards of shops, banks, Library and Post Office. The original stone-built, slate-tiled Victorian house has been extended to provide additional facilities.

All rooms have en-suite bath or shower and toilet, built-in wardrobes and central heating radiators with thermostats. All rooms include a "mini-kitchen" which provides a small refrigerator, a sink and power points for kettles, toasters etc. Rooms are provided in good decorative order and unfurnished.

A Housekeeper is on duty from 9am to 2pm and from 4pm to 6pm. At all times, and particularly when the Housekeeper is off-duty we use the services of Hanover Telecare.

CRIEFF

Abbeyfield House, Sauchie Road, Crieff,
Perthshire PH7 4EL



9 flats. Sizes studio. Built in 1985.

Facilities..... Lounge, dining room, laundry, garden

Services..... Resident management staff (7 days) and community alarm service

Accessibility.... Access to site easy. Distances: shop 1 mile(s); post office 1 mile(s); town centre 1 mile(s); GP 1 mile(s).

Lifestyle..... Some meals available (Two meals. 7 days.).

Manager..... Abbeyfield Crieff & Muthill Society Ltd, Abbeyfield House, Sauchie Road, Crieff, Perthshire PH7 4EL Tel: 01764 652 629

Perth & Kinross

PITLOCHRY

Sunnybrae, 158 Atholl Road, Pitlochry,
Perthshire PH16 5AR



8 flats. Sizes studio. Includes mobility standard properties. Built in 1978. Renovated in 2007.

Facilities..... Lounge, dining room, laundry, garden

Services..... Non-resident management staff (7 days) and community alarm service

Accessibility.... Access to site easy, but less so for less mobile people. Distances: bus stop 100 yards; shop 200 yards; post office 300 yards; town centre 300 yards; GP 0.5 mile(s); social centre 0.5 mile(s).

Lifestyle..... Some meals available (two meals, every day).

Manager..... Abbeyfield Atholl Society Ltd, Sunnybrae, 158 Atholl Road, Pitlochry, Perthshire & Kinross PH16 5AR Tel: 01796 472 492

Manager's notes: Recently upgraded. New sun-lounge, double glazing, new heating boilers

Renfrewshire

PAISLEY

Abbeyfield House, 1 Station Road, Paisley,
Renfrewshire PA1 2SB



12 flats. Sizes studio. Built in 1971.

Facilities..... Lounge, dining room, laundry, guest facilities, garden

Services..... Resident management staff (24 hours)

Accessibility....

Lifestyle..... Some meals available (Two meals. 7 days.).

Manager..... Abbeyfield Paisley Society Ltd, Abbeyfield House, 1 Station Road, Paisley, Renfrewshire PA1 2SB Tel: 0141 889 9162

JOHNSTONE

Abbeyfield House, North Road,
Johnstone, Renfrewshire PA5 8NE



9 flats. Sizes studio. Includes mobility standard properties. Built in 1966.

Facilities..... Lift, lounge, dining room, laundry, garden, conservatory

Services..... Non-resident management staff and community alarm service

Accessibility.... Access to site easy. Distances: bus stop 5 yards; shop 1 mile(s); post office 1 mile(s); town centre 1 mile(s); GP 1 mile(s); social centre 1 mile(s).

Lifestyle..... Monthly social activities include music nights, annual outings. Some meals available (2 meals, every day).

Manager..... Abbeyfield Scotland Ltd, 15 West Maitland Street, Edinburgh EH12 5EA Tel: 0131 225 7801

Manager's notes: Very pleasant sandstone house set in its own mature garden in a leafy area of Johnstone. 100 yards from bowling green. Peaceful location.

Scottish Borders

HAWICK

Brooklands, 2 West Stewart Place,
Hawick, Roxburghshire TD9 8BH

6 flats. Sizes studio. Includes mobility standard properties. Built in 1880.

Facilities..... Lounge, dining room, laundry, garden, conservatory

Services..... Non-resident management staff and community alarm service

Accessibility.... Access to site fairly easy. Distances: bus stop 100 yards; shop 100 yards; post office 1 mile(s); town centre 0.5 mile(s); GP 1 mile(s); social centre 1.5 mile(s).

Lifestyle..... Some meals available (two meals, every day).

Manager..... Abbeyfield Scotland Ltd, 15 West Maitland Street, Edinburgh EH12 5EA Tel: 0131 225 7801

Manager's notes: Homely and caring environment

GALASHIELS

Byethorn, 13a Abbotsford Road,
Galashiels, Selkirkshire TD1 3DR



7 flats. Sizes studio. Includes mobility standard & wheelchair properties. Built in 1860.

Facilities..... Lounge, dining room, laundry, guest facilities, garden

Services..... Resident management staff, non-resident management staff and community alarm service

Accessibility.... Access to site easy, but less so for less mobile people. Distances: bus stop 2 yards; shop 100 yards; post office 1 mile(s); town centre 0.5 mile(s); GP 1 mile(s); social centre 1 mile(s).

Lifestyle..... Monthly social activities, organised by warden. Some meals available (two meals, every day).

Manager..... Abbeyfield Galashiels Society Ltd, 36 Bank Street, Galashiels, Scottish Borders TD1 1ER Tel: 01896 752 379

South Lanarkshire

CAMBUSLANG

Abbeyfield House, 1 Wellshot Drive,
Cambuslang, Glasgow G72 8BP



7 flats. Sizes studio. Built in 1986.

Facilities..... Lounge, dining room, laundry, garden

Services..... Non-resident management staff and community alarm service

Accessibility.... Access to site fairly easy. Distances: bus stop 100 yards; shop 100 yards; post office 500 yards; town centre 500 yards; GP 200 yards.

Lifestyle..... Some meals available (Two meals. 7 days.).

Manager..... Abbeyfield Scotland Ltd, 15 West Maitland Street, Edinburgh EH12 5EA Tel: 0131 225 7801

South Lanarkshire

BIGGAR

Abbeyfield House, 72 High Street, Biggar,
Lanarkshire ML12 6BJ



9 flats. Sizes studio. Includes mobility standard properties. Built in 1990.

Facilities..... Dining room, laundry, guest facilities, garden

Services..... Non-resident management staff and community alarm service

Accessibility.... Access to site easy. Distances: bus stop 200 yards; shop 75 yards; post office 75 yards; town centre 100 yards; GP 1 mile(s); social centre 1 mile(s).

Lifestyle..... Regular social activities include piano, choral, school, day trips. Some meals available (2 meals every day).

Manager..... Abbeyfield Scotland Ltd, 15 West Maitland Street, Edinburgh EH12 5EA Tel: 0131 225 7801

Manager's notes: Central location, Abbeyfield ethos. While residents dine together full consideration is given to personal preference.

STRATHAVEN

Abbeyfield House, 1-3 Station Road,
Strathaven, Lanarkshire ML10 6BE



10 flats. Sizes studio. Includes mobility standard & wheelchair properties. Built in 1990.

Facilities..... Lounge, dining room, laundry, guest facilities, garden

Services..... Non-resident management staff (7 days) and community alarm service

Accessibility.... Access to site fairly easy. Distances: bus stop 400 yards; shop 400 yards; post office 0.5 mile(s); town centre 400 yards; GP 0.5 mile(s).

Lifestyle..... Monthly social activities include Varied regular activities, organised by social committee. Some meals available (two meals provided every day).

Manager..... Abbeyfield Strathaven & District Society Ltd, 1-3 Station Road, Strathaven, Lanarkshire ML10 6BE Tel: 01357 522 190

Manager's notes: Modern building on one level; ramp provided. Friendly staff.

RUTHERGLEN

East Park House, c/o 78 Stonelaw Drive,
Rutherglen, South Lanarkshire G73 3NZ

6 flats. Sizes studio. Built in 1874. Renovated in 1984.

Facilities..... Lounge, dining room, laundry, guest facilities, garden

Services..... Resident management staff, non-resident management staff (24 hours)

Accessibility....

Lifestyle..... Some meals available (two meals every day).

Manager..... Abbeyfield Rutherglen Society Ltd, c/o 78 Stonelaw Drive, Rutherglen, Glasgow G73 3NZ Tel: 0141 613 3623

South Lanarkshire

RUTHERGLEN

McMillan House, 33 Buchanan Drive,
Rutherglen, Glasgow G73 3PF

9 flats. Sizes studio. Built in 1984.

Facilities..... Lounge, dining room, laundry, guest facilities, garden

Services..... Resident management staff (24 hours)

Accessibility....

Lifestyle..... Some meals available (Two meals. 7 days.).

Manager..... Abbeyfield Rutherglen Society Ltd, c/o 78 Stonelaw Drive, Rutherglen, Glasgow G73 3NZ Tel: 0141 613 3623

RUTHERGLEN

Templeton House, c/o 78 Stonelaw Drive,
Rutherglen, Glasgow G73 3NZ

10 flats. Sizes studio. Built in 1984.

Facilities..... Lounge, dining room, laundry, guest facilities, garden

Services..... Resident management staff (24 hours)

Accessibility....

Lifestyle..... Some meals available (Two meals. 7 days.).

Manager..... Abbeyfield Rutherglen Society Ltd, c/o 78 Stonelaw Drive, Rutherglen, Glasgow G73 3NZ Tel: 0141 613 3623

Stirling

KILLEARN

Abbeyfield House, Beech Drive, Killearn,
Glasgow G63 9SW



8 flats. Sizes studio. Includes mobility standard & wheelchair properties. Built in 1983. Renovated in 1994.

Facilities..... Lounge, dining room, laundry, garden

Services..... Non-resident management staff and community alarm service

Accessibility.... Access to site fairly easy.

Lifestyle..... Monthly social activities include various, visits to local homes, shops, tea rooms, gardens, evening entertainments, organised by house committee. Some meals available (two meals every day).

Manager..... Abbeyfield Scotland Ltd, 15 West Maitland Street, Edinburgh EH12 5EA Tel: 0131 225 7801

Manager's notes: Security and friendship in purpose-built house. Abbeyfield ethos. Rooms have power points for toaster/kettle to enable residents to make a light breakfast (milk & bread supplied). Lunch and tea prepared by housekeeper and served in communal dining room.

Stirling

ALLAN PARK

Abbeyfield House, 17 Allan Park, Stirling,
Stirlingshire FK8 2QG



10 flats. Sizes studio. Includes mobility standard & wheelchair properties. Renovated in 2007.

Facilities..... Lift, lounge, dining room, laundry, garden

Services..... Resident management staff and community alarm service

Accessibility.... Access to site easy. Distances: bus stop 100 yards; shop 100 yards; post office 350 yards; town centre 150 yards; GP 300 yards.

Lifestyle..... Regular social activities include various arranged occasions, but not regular. Some meals available (two meals every day).

Manager..... Abbeyfield Stirling Society Ltd, 27 Albert Place, Kings Park, Stirling FK8 2RF Tel: 01786 478 772

BRIDGE OF ALLAN

Park House, 69 Henderson Street, Bridge
of Allan, Stirling, Stirlingshire FK9 4HG



7 flats. Sizes studio. Built in 1982.

Facilities..... Lift, lounge, dining room, laundry, garden

Services..... Non-resident management staff and community alarm service

Accessibility.... Access to site easy. Distances: bus stop 20 yards; shop 25 yards; post office 25 yards; town centre 50 yards; GP 440 yards; social centre 440 yards.

Lifestyle..... Regular social activities include Church services, choir evenings. Some meals available (two meals, every day).

Manager..... Abbeyfield Scotland Ltd, 15 West Maitland Street, Edinburgh EH12 5EA Tel: 0131 225 7801

West Lothian

LINLITHGOW

Ashley Hall, Ashley Hall Gardens, off
Mains Road, Linlithgow, West Lothian
EH49 7DN



8 flats. Sizes studio.

Facilities..... Lift, lounge, dining room, laundry, garden

Services..... Non-resident management staff and community alarm service

Accessibility.... Access to site fairly easy. Distances: bus stop 100 yards; shop 200 yards; post office 1 mile(s); town centre 200 yards; GP 300 yards; social centre 300 yards.

Lifestyle..... Weekly social activities include Abbeyfield support group meetings weekly in Ashley Hall; outings, organised by Abbeyfield members, volunteers cars. Some meals available (two meals every day).

Manager..... Abbeyfield Scotland Ltd, 15 West Maitland Street, Edinburgh EH12 5EA Tel: 0131 225 7801

Manager's notes: Run as a family homes; Abbeyfield ethos